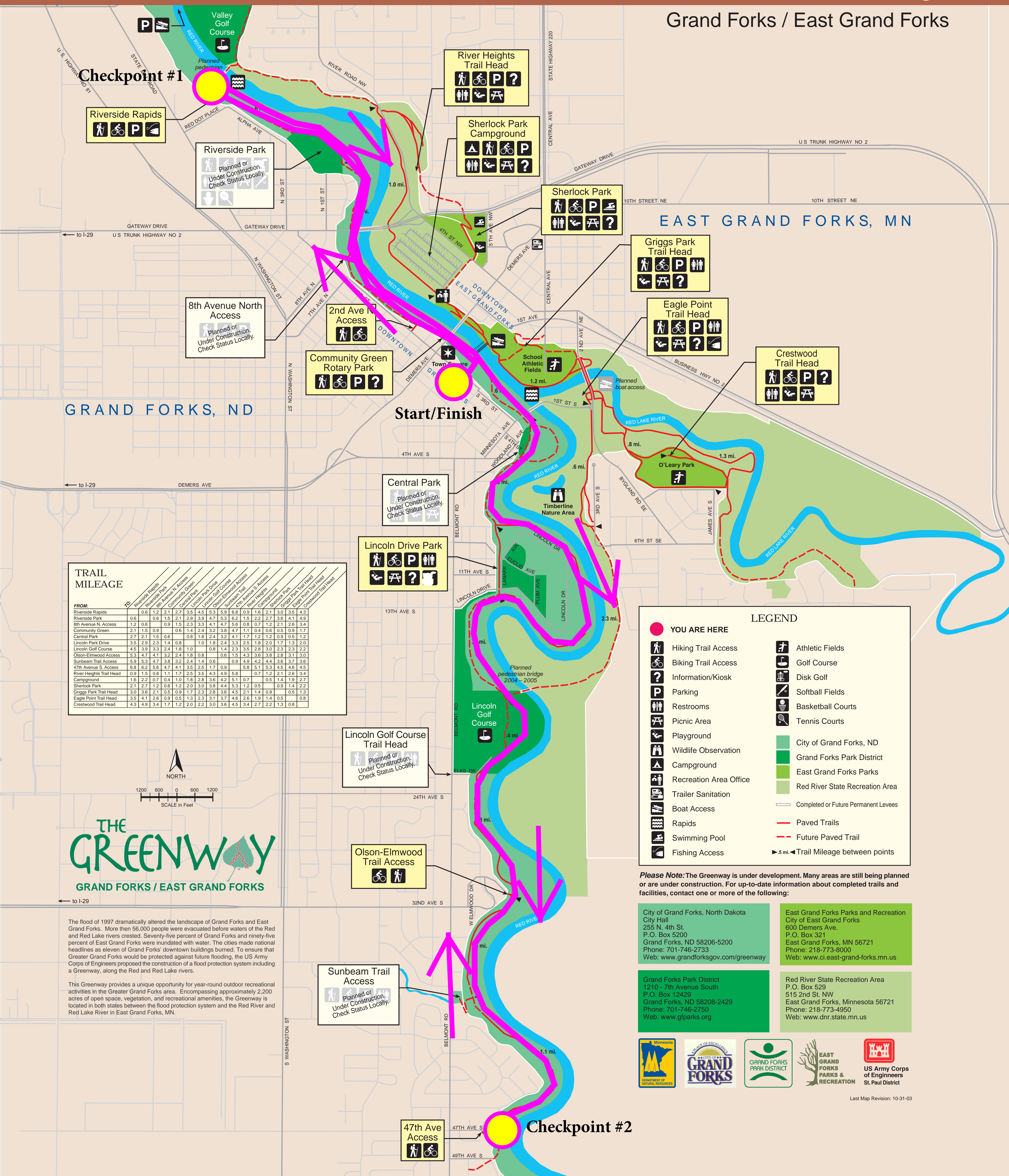


### Grand Forks / East Grand Forks



**Checkpoint #1**

**Checkpoint #2**

TRAIL MILEAGE	TO:	Riverside Rapids	Riverside Park	8th Avenue N. Access	Community Green	Central Park	Lincoln Drive	Lincoln Golf Course	Olson-Elmwood Access	Sunbeam Trail	River Heights	Sherlock Park	Griggs Park Trail Head	Eagle Point Trail Head	Crestwood Trail Head
FROM:	Riverside Rapids	0.6	1.2	2.1	2.7	3.5	4.5	5.3	5.9	6.8	7.7	8.6	9.5	10.4	11.3
	Riverside Park	0.6	0.6	1.5	2.1	2.9	3.9	4.7	5.3	6.2	7.1	8.0	8.9	9.8	10.7
	8th Avenue N. Access	1.2	0.6	0.9	1.5	2.3	3.3	4.1	4.7	5.6	6.5	7.4	8.3	9.2	10.1
	Community Green	2.1	1.5	0.9	0.6	1.4	2.4	3.2	3.8	4.7	5.6	6.5	7.4	8.3	9.2
	Central Park	2.7	2.1	1.5	0.6	0.8	1.8	2.4	3.2	4.1	5.0	5.9	6.8	7.7	8.6
	Lincoln Drive	3.5	2.9	2.3	1.4	0.8	1.0	1.8	2.4	3.3	4.2	5.1	6.0	6.9	7.8
	Lincoln Golf Course	4.5	3.9	3.3	2.4	1.8	1.0	0.8	1.4	2.3	3.2	4.1	5.0	5.9	6.8
	Olson-Elmwood Access	5.3	4.7	4.1	3.2	2.4	1.8	0.8	0.6	1.5	2.4	3.3	4.2	5.1	6.0
	Sunbeam Trail	5.9	5.3	4.7	3.8	3.2	2.4	1.4	0.6	0.9	1.9	2.8	3.7	4.6	5.5
	River Heights	6.8	6.2	5.6	4.7	4.1	3.5	2.5	1.7	0.9	1.8	2.7	3.6	4.5	5.4
	Sherlock Park	7.7	7.1	6.5	5.6	5.0	4.4	3.4	2.5	1.7	2.6	3.5	4.4	5.3	6.2
	Griggs Park Trail Head	8.6	8.0	7.4	6.5	5.9	5.3	4.3	3.4	2.5	3.4	4.3	5.2	6.1	7.0
	Eagle Point Trail Head	9.5	8.9	8.3	7.4	6.8	6.2	5.2	4.3	3.4	4.3	5.2	6.1	7.0	7.9
	Crestwood Trail Head	10.4	9.8	9.2	8.3	7.7	7.1	6.1	5.2	4.3	5.2	6.1	7.0	7.9	8.8

**THE GREENWAY**  
GRAND FORKS / EAST GRAND FORKS

The flood of 1997 dramatically altered the landscape of Grand Forks and East Grand Forks. More than 56,000 people were evacuated before waters of the Red and Red Lake rivers crested. Seventy-five percent of Grand Forks and ninety-five percent of East Grand Forks were inundated with water. The cities made national headlines as eleven of Grand Forks' downtown buildings burned. To ensure that Greater Grand Forks would be protected against future flooding, the US Army Corps of Engineers proposed the construction of a flood protection system including a Greenway, along the Red and Red Lake rivers.

This Greenway provides a unique opportunity for year-round outdoor recreational activities in the Greater Grand Forks area. Enccompassing approximately 2,200 acres of open space, vegetation, and recreational amenities, the Greenway is located in both states between the flood protection system and the Red River and Red Lake River in East Grand Forks, MN.

**LEGEND**

- YOU ARE HERE
- Hiking Trail Access
- Biking Trail Access
- Information/Kiosk
- Parking
- Restrooms
- Picnic Area
- Playground
- Wildlife Observation
- Campground
- Recreation Area Office
- Trailer Sanitation
- Boat Access
- Rapids
- Swimming Pool
- Fishing Access
- Athletic Fields
- Golf Course
- Disk Golf
- Softball Fields
- Basketball Courts
- Tennis Courts
- City of Grand Forks, ND
- Grand Forks Park District
- East Grand Forks Parks
- Red River State Recreation Area
- Completed or Future Permanent Levees
- Paved Trails
- Future Paved Trail
- > .5 mi. < Trail Mileage between points

**Please Note:** The Greenway is under development. Many areas are still being planned or are under construction. For up-to-date information about completed trails and facilities, contact one or more of the following:

**City of Grand Forks, North Dakota**  
City Hall  
255 N. 4th St.  
P.O. Box 5200  
Grand Forks, ND 58206-5200  
Phone: 701-746-2733  
Web: [www.grandforksgov.com/greenway](http://www.grandforksgov.com/greenway)

**East Grand Forks Parks and Recreation**  
City of East Grand Forks  
600 Demers Ave.  
P.O. Box 321  
East Grand Forks, MN 56721  
Phone: 218-773-8000  
Web: [www.ci.east-grand-forks.mn.us](http://www.ci.east-grand-forks.mn.us)

**Grand Forks Park District**  
1210 - 7th Avenue South  
P.O. Box 12429  
Grand Forks, ND 58208-2429  
Phone: 701-746-2750  
Web: [www.gfparks.org](http://www.gfparks.org)

**Red River State Recreation Area**  
P.O. Box 529  
515 2nd St. NW  
East Grand Forks, Minnesota 56721  
Phone: 218-773-4950  
Web: [www.dnr.state.mn.us](http://www.dnr.state.mn.us)

